

Since decades ago, working systems all over the world ~~have been is~~ following ~~a the~~ same old pattern with ~~a~~ five days a week and eight hours a day of working. Many people are satisfied with it the way it is and many prefer it to be different. I strongly agree that a job with three working days per week ~~with which~~ longer working hours is more enjoyable than ~~one a job~~ with five days with shorter hours. I have reasons to support my claim among which having more time to allocate to personal activities and more productivity in work days stand out and will be discussed in ~~the~~ following paragraphs.

The first reason I have concerns the matter that a vast majority of people including me prefer to have some days to allocate to personal activities which really influence one's life in many directions. I stand for the opinion that having a life with career and personal life in balance is a key factor in people's success and satisfaction in life. For instance, I can refer to my own life, when I can manage my ~~schedule schedual~~ to both complete my work duties and get to my ~~exercise exersice~~ and music ~~classes calsses~~ as well, I feel much more vigorous and am prone to do much more things. Such a lifestyle pleases me in every aspect of my life. Moreover, I believe that ~~these this~~ activities can lead us to a more mental and physical stablized level of health and can affect our efficiency in our career.

In addition to personal time, I think with this scheduale arrangement, people might have more inclination to focus on their jobs on working days. from a psycholog~~icalael~~ point of view, and as dependable statistics show, people who have such discrete work ~~schedule~~ ~~scheduale~~, can concentrate much more effectively on their tasks as they are working. They also show a greater level of creativity. Also, in ~~the a~~ long run, they bring more productivity and prosperity in their fields which not only benefit~~s~~ them~~selves~~ with a remarkable sense of ach~~ievement~~, but also contributes to their society.

All in all, by taking all the mentioned points ~~into in-to~~ consideration, in can be easily concluded that people having a working schedule which is more flexible and more capable of personal plannings can result in their mental and physical health and also provide them with a much more inclination to focus on their jobs. Finally, I believe that all of these can provide people ~~with~~ a better life manag~~e~~ment opportunity, which consequently can result in societies' overall quality.